

UNIFORMED GROUPS SAMPLE

ADVENTURE ACTIVITY WEEKEND

	8.15	Morning	Afternoon	6.00	6.45	Evening	Later
Friday		HELLO! WELCOME CHAT			Use of Sports facilities	SUPPER followed by BEDTIME
Saturday	 BREAkFAST & make a packed lunch	Ropes Courses & Zip Wire	Canoeing & Raft Building	 Dinner	Shop 	Use of Sports Facilities	 EXPLORE & SUPPER followed by BEDTIME
Sunday		Climbing & Abseiling	GOODBYE....				