

# LEADERSHIP **through** ADVENTURE **Award**

## Level 3: Intensive S5 - S6/Apprentices

An **intensive** series of challenges over a 2-5 day period, culminating in our own “Largesse” complex multi-level 18 hour challenge activity exercise.

### Aims of the Award

This kind of programme and exercise can expose individuals' behaviour but with the guidance of our instructors, an appropriate establishment of objectives and agreement of roles and responsibilities can be agreed. We will encourage an understanding of different leadership and team approaches to tasks and challenges, bearing in mind the make up of the team involved which will subsequently enable a wider understanding of the consequences of actions in a sometimes pressured environment.

### Who is it for?

This level is for school leavers, young apprentices and junior management trainees who will benefit from spending time together outside the workplace. Being in a remote environment brings its own challenges and those taking part might encounter physical barriers that will ultimately encourage them to think and act more creatively and sensitively to the tasks posed. With goal setting, the adoption of roles and responsibilities, in depth reviewing and constant analysis of approaches, a range of leadership and teamwork skills will develop.



# INTENSIVE

## What it involves

This exercise will build on skills learnt earlier in the programme and will develop decision making, the use of available resources, time keeping and group management. Carried out over a limited geographical area, there will be multiple challenges happening simultaneously. Throughout the whole of the Level 3 programme there will be discussion and investigation into building a repertoire of communication and leadership styles and team roles. We will also look at how appropriate analysis and reviewing can help individuals learn.

Participants will need to be creative in their thinking and their approach to the challenges and scenarios posed. Activities that will make up this level include: our fantastic high ropes course, gorge walking, canoeing, raft building and on-site low ropes course.

All participants will receive an Abernethy Certificate on completion of their visit.

### Maximum number:

40 participants

### Length:

2 Days (Or More)

### Available at:

Abernethy Ardeonaig

For more information and sample programmes please contact  
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