



SUMMER FAMILY ADVENTURE WEEK

ADVENTURE ACTIVITIES, WORSHIP AND AND TEACHING

Here are some more details about our family week to help you plan your holiday at Abernethy...

Getting to Abernethy Nethybridge

We are located about 14 miles from Aviemore in the Scottish Highlands, directions available on our website. A complimentary pick up and drop off service by prior arrangement is available from Aviemore if you are coming by bus or train.

All Age Activities

Our adventure activity programme runs Monday to Friday and starts at around 9.15am until 4.30-5.00pm. On Sunday we provide the opportunity to worship at Abernethy Parish Church in the morning, and then a fun family challenge for everyone after lunch. We tailor our activity programme to suit the ages of those coming as best we can. There are age limits on some of our activities and these are not flexible for safety reasons. The Activity Co-ordinator will work hard to make sure we offer as much choice as possible, subject to the wishes of guests, weather forecasts, ages and abilities, as well as staffing resources. Activities are provided on a sign up & first come, first served basis.

Christian Programme

Our main evening sessions are optional and are designed to be fun, relevant, engaging & encouraging and tend to last for about an hour. Worship led by our house band, plus games, Bible teaching and chat are key elements of this enjoyable time together. Depending on the ages of younger guests booked on, a separate or supplementary youth programme is provided where possible. We are sure you will enjoy the informality and fellowship at Abernethy.

What do I need to bring?

Our full kit list can be found on the Summer Family Week web page. There are some key essentials though, don't forget to bring:

- Towels and swim kit
- Spare trainers or wellies that can get wet
- Comfortable clothing suitable for outdoor Activities
- Bible and notebook





SUMMER FAMILY WEEK

ADVENTURE ACTIVITIES, WORSHIP AND AND TEACHING

Supervision

Our instructional team will look after you during activity time and our in-house team and summer staff will make sure your stay is as comfortable and enjoyable as possible. Outside of instructed activity times you are responsible for your own children. Please be aware that the Centre is in a working estate where there are hazards such as open water, workshop areas and machinery as well as vehicles and estate operations.

Accommodation

Our bunk-house style accommodation is basic but comfortable. Some Main House en suite rooms are available for a supplement, otherwise we offer shared shower and washroom facilities. The Abernethy Chalets sleep 8/9 and are adjacent to the main house. We provide all bedding but you will need to bring your own towels and toiletries. Room sizes vary from single rooms up to larger family rooms which sleep 6. Sometimes 'pull out' extra beds may require to be used – these can be stowed away during the day.

Facilities at Abernethy Nethybridge

Learn all about our facilities via our website. We are pleased to offer an indoor swimming pool; please note that there are restricted opening times as this is an unsupervised pool most of the time. Complimentary supervised sessions are provided each afternoon for young people.

Meals

We provide all the essentials you need to make a picnic lunch each day to take with you on activities. A continental breakfast with daily hot option is served each morning, and dinner is a self-service buffet style meal each evening at 6.00pm. Afternoon tea and a suppertime snack are also provided. There may be special or themed meals such as BBQs. We will do our best to cater for special diets but we do require advance notice for this.

Guest Information

To help us plan for the family week we will send you a straightforward Guest Information Form before your stay. This asks about your needs and requirements such as dietary needs and medical details. Please complete and return this as soon as you can to help us plan!

DO GET IN TOUCH IF YOU REQUIRE MORE INFORMATION:

01479 821279

NETHYBRIDGE@ABERNETHY.ORG.UK