

SNOWSPORTS

❄️ KIT LIST

This Kit List is to help you pack and to make the most of your Abernethy Snowsports Experience. Remember it is important to have plenty of warm clothes as it can get very cold in the mountains!

» GENERAL CLOTHING ESSENTIALS

- Sweatshirts/hoodies
- Casual trousers/jeans
- Sportswear for indoor games
- Socks & underwear
- Suitable Nightwear
- Indoor shoes/trainers

» WINTER OUTDOOR CLOTHING ESSENTIALS

- Fleece/warm sweatshirts
- Waterproof jacket
- Old trousers/tracksuit bottoms (Not jeans)
- Old trainers/sturdy footwear that can get wet
- 1 pair long/soft socks**
- Hat & gloves** (For hillwalking & dry-slope skiing)
- Goggles**

» OTHER ESSENTIALS

- 2 towels
- Swimming kit
- Wash kit, including **shampoo, toothpaste** etc
- Drinks flask**, non-breakable (Named on the side)
- Small day sack

» RECOMMENDED/OPTIONAL ITEMS

- Change for vending/games machines— 20p & 50p
- Sunglasses**
- Non-breakable drinks bottle**
- Insect repellent/anti-midge cream
- Sun cream, after sun
- Torch
- Inexpensive/disposable camera
- Bin bag for bringing wet or muddy kit home
- Small personal first aid kit

Items shown in bold are usually available at the Centre Shop at very reasonable prices.

» 5 PACKING TIPS!

- 1] Make sure your belongings are clearly named where possible.
- 2] Bring plenty of warm layers suitable for the time of year.
- 3] Don't bring more belongings than you can manage to carry yourself—there are no porters at Abernethy!
- 4] Tick the items off as you pack them, and bring this list with you so you have a record of what you brought. This will help you pack again for returning home.
- 5] Don't get someone to pack your bag for you—make sure you lend a hand so you know what you have with you!

» LEAVE AT HOME

We ask that you **DO NOT** bring expensive electronic devices with you.

» SOUVENIRS & MERCHANDISE

Abernethy has a small Centre Shop selling various snacks, essentials and souvenirs such as our popular Abernethy T-shirts & Hoodies. Prices for Abernethy clothing range from around £8.00 for a child's T-shirt to £24.00 for an adult hoodie.

» SPECIALIST EQUIPMENT

We will provide all specialist adventure activity equipment such as helmets, skis, poles & boots. We can also supply the following items for you to borrow from our stores:

- Waterproofs
- Walking Boots
- Rucksacks